

VAPING INFORMATION

WITH REGIONAL DATA FROM THE
RHODE ISLAND STUDENT SURVEY, 2024

More East Bay high school students believe their peers would disapprove of using ENDS- **80%** in 2024 vs **67%** in 2022.



4.2% of East Bay high school students report using electronic nicotine vapor products (ENDS) in the past 30 days, **down** from **8.7%** in 2022.

Fewer East Bay high school students think ENDS are easy to get- **43%** in 2024 vs **51%** in 2022.



How the East Bay Regional Coalition is making positive changes!

- Tobacco retailer compliance checks
- InShape* motivation training in schools
- Working with Tobacco Free RI on advocacy and restorative practices

For more resources go to...

[HTTPS://EASTBAYPREVENTION.ORG/](https://eastbayprevention.org/)

[HTTPS://WWW.CDC.GOV/TOBACCO/BASIC_INFORMATION/E-CIGARETTES/PDFS/ECIGARETTE-OR-VAPING-PRODUCTS-VISUAL-DICTIONARY-508.PDF](https://www.cdc.gov/tobacco/basic_information/e-cigarettes/pdfs/ecigarette-or-vaping-products-visual-dictionary-508.pdf)

[HTTPS://WWW.CDC.GOV/TOBACCO/E-CIGARETTES/YOUTH.HTML](https://www.cdc.gov/tobacco/e-cigarettes/youth.html)

MENTAL HEALTH INFORMATION

WITH REGIONAL DATA FROM THE
RHODE ISLAND STUDENT SURVEY, 2024

34% of East Bay middle school students had mean rumors or lies spread about them at school (up from **30%** in 2022), and **49%** report being made fun of (up from **44%** in 2022).



The percentage of East Bay high school students who have seriously considered suicide **significantly decreased** from **12%** in 2022 to **10%** in 2024.

45% of East Bay high school students (**33%** of middle school students) report spending **6 or more hours** on their cell phones each day and many report that their cell phone use interferes with daily functioning.



How the East Bay Regional Coalition is making positive changes!

- You Are Not Alone* signs in public locations provide easy links to needed resources
- Local activities provide youth with safe alternatives
- 835 individuals have been trained in various mental health awareness trainings!
- Distribution of coping cards with resources

For more resources go to...

[HTTPS://EASTBAYPREVENTION.ORG/MENTAL-HEALTH-AWARENESS-TRAININGS/](https://eastbayprevention.org/mental-health-awareness-trainings/)

[HTTPS://988LIFELINE.ORG/](https://988lifeline.org/)

[HTTPS://WWW.NAMI.ORG/YOUR-JOURNEY/KIDS-TEENS-AND-YOUNG-ADULTS/](https://www.nami.org/your-journey/kids-teens-and-young-adults/)

ALCOHOL INFORMATION

WITH REGIONAL DATA FROM THE
RHODE ISLAND STUDENT SURVEY, 2024

Significantly fewer East Bay high school students have ever used alcohol, and, when they drink, they are consuming **fewer drinks** in a sitting.



More East Bay high school students believe their peers would disapprove using alcohol- **83%** in 2024 vs **72%** in 2022.

13% of East Bay high school students have ridden in a vehicle driven by someone **under the influence** of alcohol.



How the East Bay Regional Coalition is making positive changes!

- Retailer education
- Mystery shoppers reinforce ID checking in retail stores, bars and restaurants
- TIPLine* installation for fielding anonymous tips
- Point of sale messages on products in liquor stores

For more resources go to...

[HTTPS://EASTBAYPREVENTION.ORG/](https://eastbayprevention.org/)

[HTTPS://RIPREVENTION.ORG/ALCOHOL/](https://riprevention.org/alcohol/)

[HTTPS://DBR.RI.GOV/REAL-ESTATE-AND-COMMERCIAL-LICENSING/LIQUOR/LIQUOR-ENFORCEMENT-AND-COMPLIANCE-FREQUENTLY-ASKED](https://dbri.gov/real-estate-and-commercial-licensing/liquor/liquor-enforcement-and-compliance-frequently-asked)

CANNABIS/MARIJUANA INFORMATION

WITH REGIONAL DATA FROM THE
RHODE ISLAND STUDENT SURVEY, 2024

Fewer East Bay high school students think it would be easy to obtain marijuana products to smoke or vape- **39%** in 2024, **down from 47%** in 2022. (34% think marijuana edibles would be easy to obtain)



East Bay middle school student past 30-day use of marijuana held **steady** at 4.4% but, in the state of RI, middle school student marijuana use is actually **trending up**.

More East Bay high school students believe their parents would disapprove of them smoking or vaping marijuana- **88%** in 2024 vs **82%** in 2022.



NICE JOB PARENTS! ESPECIALLY SINCE THE LEGALIZATION OF ADULT USE IN RI PRESENTS NEW CHALLENGES AND CONVERSATIONS TO HAVE WITH YOUR CHILDREN!

How the East Bay Regional Coalition is making positive changes!

- Community education & public service campaigns
- Monitoring policies for better public health
- SafeZone* trainings create a more supportive community for LGBTQIA, a group with higher rates of substance misuse

For more resources go to...

[HTTPS://EASTBAYPREVENTION.ORG/](https://eastbayprevention.org/)

[HTTPS://HEALTH.RI.GOV/CANNABIS/](https://health.ri.gov/cannabis/)

[HTTPS://WWW.RIPRC.ORG/CANNABIS-POLICY-PREVENTION-IN-RHODE-ISLAND-WITH-SARAH-HALL-FEBRUARY-2024/](https://www.riprc.org/cannabis-policy-prevention-in-rhode-island-with-sarah-hall-february-2024/)

OPIOID/STIMULANT INFORMATION

WITH REGIONAL DATA FROM THE
RHODE ISLAND STUDENT SURVEY, 2024

A small number of East Bay high school students have ever misused prescription drugs such as those for pain relief, ADHD, and sedation and **fewer** do so in 2024 **(3%)** than they did in 2022 **(4%)**.



76% of East Bay high school students believe **people risk harming themselves** if they use prescription drugs not prescribed to them.

Most East Bay high school students who use prescription drugs **not** prescribed to them reported obtaining them by **taking them** from someone.



How the East Bay Regional Coalition is making positive changes!

- DEA Drug Take Back Days and medication disposal bins
- Count it.Lock it. Drop it. lock bags
- Harm reduction strategies
- In-Shape* motivation training in schools

For more resources go to...

[HTTPS://EASTBAYPREVENTION.ORG/DRUG-SAFETY/](https://eastbayprevention.org/drug-safety/)

[HTTPS://BHDDH.RI.GOV/PREVENTION/PRESCRIPTION-DRUG-DISPOSAL-SITES](https://bhddh.ri.gov/prevention/prescription-drug-disposal-sites)

[HTTPS://PREVENTOVERDOSERI.ORG/](https://preventoverdoseri.org/)